

Community Resources List:

Emergency 911

Crisis Hotline.....	800-626-8137
Information & Referral.....	211
Poison Center.....	800-222-1222
Washougal Social Services.....	835-7802
Family Health Hotline.....	1-800-322-2588
Parenthelp123.....	www.parenthelp123.org

ABUSE

CPS Hotline.....	Local #: 993-7901/ in PM: 800-562-5624
Domestic Violence Hotline.....	800-562-6025
Safe Choice.....	695-0501
Sexual, Physical, Emotional Abuse (YWCA)...	696-0167

ADOPTION

Open Adoptions.....	254-7236
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ALCOHOL/DRUGS

Al Anon.....	693-5781
Alcoholic's Anonymous.....	694-3870
Change Point.....	604-0068
Cocaine Anonymous.....	800-662-2463
Columbia River CDDR Program.....	993-3040
Northwest Recovery Center.....	397-8488
Lifeline.....	397-8246
Narcotics Anonymous.....	690-1144
Northstar NS Clinic.....	993-3040

BABY CLOTHES & FURNISHINGS

BirthRight.....	694-8156
Community Pregnancy Clinic—Camas/Washougal.....	834-2829
Denim & Frills.....	571-9014
Goodwill Store.....	695-4669
Interfaith Treasure House.....	834-5786
KIDZ CLOZ.....	687-6997
Little Bo-tique.....	695-6126
Once Upon A Child.....	253-7742
Options 360 Battle Ground.....	687-8943
Orchards.....	567-0285
Salvation Army Thrift Store.....	693-0671
Spanky's.....	260-0791
The Regifting Store.....	694-7263
Value Village.....	944-5225

BIRTH CONTROL

Planned Parenthood.....	888-576-7526
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BREASTFEEDING

La Leche League (Local Info Line).....	514-6773
Legacy Lactation Services.....	487-4050
Nursing Mother's Counsel.....	750-0656
Sante´ Mama.....	253-2229
Sea-Mar WIC Vancouver.....	397-8459
Breastfeeding 24 hour Helpline.....	397-8040
SWMC Lactation Dept.....	514-4027

CAR SEAT

Hotline (recall & buckle-up).....	800-282-5587
SWMC Car Seat Clinic—3 rd Sat. of mo.....	450-8997

CHILDBIRTH EDUCATION

Legacy Salmon Creek.....	487-4840
SW Washington Medical Center.....	514-2229

CHILDREN SERVICES

Child Abuse Intervention Center.....	737-6002
Early Choice Pediatric therapy.....	750-5850
Early Head Start.....	567-2760
Early Support for Infants & Toddlers....	896-9912 x463
Head Start.....	896-9912
Parents as Teachers (ESD112)..	750-7500 x 153 or 155

CHILD CARE

Childcare Resource & Referral.....	750-9735
Working Connections Child Care.....	877-501-2233

COUNSELING FOR CHILDREN

Children's Center.....	699-2244
Children's Home Society.....	695-1325 x 4233
Columbia River Mental Health.....	993-3000

COUNSELING/MENTAL HEALTH

Adapt.....	696-5300
Catholic Community Services.....	567-2211
Columbia Pastoral Counseling.....	696-1615
Columbia River Mental Health.....	993-3000
Community Svcs Northwest.....	397-8484
Eating Disorder Hotline.....	800-931-2237
OMBUDSMAN.....	694-6577
Wellness Project.....	798-2918
YWCA.....	696-0167

DENTAL RESOURCES

Clark County Public Health Oral Health Program
360.397.8020

No Cost or Low Cost Clinics

Free Clinic of SW WA Dental Van 360-313-1390

Geriatric Dental Group 503-772-3677

New Day Community Dental Clinic 360-892-7107

New Heights Dental Clinic 360-694-0355

Project Dental Health/ Russell St. Clinic
503-494-6822

Sea Mar Dental Clinic 360-574-4074

Dental Schools

Carrington College Dental Hygiene 503-419-4971

Clark College Dental Hygiene 360-992-2158

Clark County Skills Center 360-604-1057

OHSU School of Dentistry 503-494-8867

EDUCATION

Adult Basic Education (GED/ESL).....992-2741

Battle Ground ALP.....260-5331

CPR Classes: at SWMC for info.....514-2190
or call local fire station for info

Displaced Homemakers.....992-2321

Evergreen Early Childhood Center.....604-3925

Evergreen Teen Program.....604-6704

GED.....992-2588

Vancouver Early Childhood Center.....313-4853

Vancouver Teen Parent Program.....313-4436

Washougal Alternative.....835-8766

Washougal High School.....835-2155

EMPLOYMENT

Clearview Employment.....737-2801

Goodwill/Job Connection.....695-1923

Job Corps.....735-5070

WA Employment Opportunities.....696-6171

Work Source.....735-5010

FINANCIAL ASSISTANCE

Clark College Financial Aid.....992-2153

Child Support Enforcement.....696-6100

Columbia River CSO (Vancouver).....759-2800

Consumer Credit Counseling Solutions.....800-634-2227

DSHS Customer Service Center.....877-501-2233

Social Security and SSI.....866-605-8967

FOOD SOURCES (by zip codes they serve)

Battle Ground:

N. County Comm. Food Bank(17 NE 3rd Ave.).....687-5007 or visit <http://clarkcountyfoodbank.org/local-agencies>

Adventist Comm. Services (1101 NE 189th St.).....687-2265

Serving: 98604, 98695, 98601, 98606, 98622, 98674

Camas/Washougal:

Interfaith Treasure House(91 "C" St., Washougal)....

...834-5786

Serving 98607, 98671, 98683

East Co. Fam Res Cntr (1702 "C" St, Washougal).835-7802

Salvation Army (1612 "I" St.).....835-3171

Orchards: FISH (6008 NE 110th Avenue).....256-2440

Serving 98662, 98682, 98664, 98684, 98683

Ridgefield:

Neighbors Helping Neighbors (21814 NW 11th Ave)....
...887-3354

Serving 98629, 98642, 98685, 98686

Vancouver:

FISH (14th & Franklin).....695-4903

Serving 98660, 98661, 98663, 98665, 98686

Clark County Adventist (3200 St. Johns).....695-8632

One Life (1207 E. Reserve St).....904-1273

Salvation Army (7509 NE 47th Ave.).....448-2890

St. Vincent de Paul (2456 Stapleton Rd).....694-5388

Share House (1115 W 13th).....695-7658

USDA Commodities Hotline.....693-3211

WIC:

Battle Ground.....687-7126

Vancouver.....397-8459

Washougal(Tues & LAST Thurs of mo).....835-7802

HEALTH

Children with Special Health Care Needs

Program.....397-8472

Clark County Public Health.....397-8000

□ HIV/AIDS Testing and Counseling...397-8425

CARE Northwest (reproductive exposures).....900-225-2273

Free Clinic of SW WA/Emergency Prescription

313-1390

4100 Plomondon St.

Walk-In Clinic Tues. & Thurs. Eve.

or Wed AM - CALL FOR HRS & other services

HIV/AIDS Hot Line.....800-272-AIDS

Nurse Family Partnership.....397-8440

RX Assistance Program.....735-3686

Sea-Mar 7410 E. Delaware.....896-5128

Smoking Cessation:

· Stay Free Plan (*Low Fee*).....737-2511

· Fresh Start (*Free*).....699-0264

· Washington Tobacco Quit Line.....877-270-STOP
800-2NO-FUME(Spanish)

HEARING

Vancouver Lions Hearing Committee of Clark County

Offers assistance for hearing related services— see website for more info-

<http://vancouverlions.org/hearing.php>

HEALTH INSURANCE

DSHS—Customer Service.....1-877-501-2233

Children, Family and Maternity Medicaid; Children’s Health Insurance Program; Healthcare for workers with Disability; Medicare Savings Programs; Aged, blind and disabled Medicaid. Website for applications: www.washingtonconnection.org

Statewide Health Insurance Benefit Advisors

(SHIBA).....360-735-3686 or 1-800-562-6900

Free counseling on Basic Health, Medicaid, Medicare Supplemental, individual coverage, self employment and other options. Help with Basic Health applications.

Washington Apple Health for Kids....1-877-543-7669

Clark County Public Health: Outreach / Health Access Program & Apple Health for Kids.....360-397-8254

1601 E. 4th Plain Blvd- Vancouver, WA- Mon-Fri
8am-5pm

www.clark.wa.gov/health

Get information and assistance on: Children’s Medical, Pregnancy Medical, Family Medical, and other free or low cost medical resources.

Sea Mar Community Health Center

7410 Delaware Lane360-566-4402

1601 E Fourth Plain Blvd.....360-852-9070

Application and assistance with Basic Health, Medicaid and CHIP.

Washington Health Program-.....1-800-660-9840

An affordable health insurance program available to Washington residents ineligible for Medicaid or Medicare. Application at:

<http://www.washingtonhealth.hca.wa.gov/>

HOUSING

Aspire.....448-2121

Emergency Shelter.....866-577-2503

Clearing House (*proof of pregnancy*).....695-9677

Community Housing Resource Center.....690-4496

Habitat for Humanity.....737-1759

New Beginnings.....989-0280

Oxford.....695-4167

Ready to Rent.....906-9117

Second Steps Housing.....696-0167

Vancouver Housing Authority.....Main line: 694-2501

Vida’s Ark (teen mothers).....695-3681

IMMUNIZATIONS

Free Clinic of Southwest Washington..360-313-1390

Free child immunizations for uninsured/low-income. Call for walk-in hours.

Clinica De Salud Familiar.....360-576-4140

9102 NE HWY 99 Vancouver, WA

Children Immunization \$15.00. Call for more information.

MENTAL HEALTH

Clark County Crisis Line.....360-696-9560

or 1-800-626-8137, TDD.....360-696-1925

For crisis situations, or to start services at comm. agencies.

LANGUAGES

Columbia Interpreter Services.....896-3881

LEGAL

Clark Co. Volunteer Lawyers Assoc.....695-5313

Family Court Services.....397-2326

Northwest Justice Projects/CLEAR Legal Adv.....888-201-1014

Paternity Affidavit Info.....800-356-0463

Senior Info and Assistance.....694-8144

MEDICAL

Free Clinic of Southwest Washington..360-313-1390

4100 Plomondon Street, Vancouver

Free basic care for low-income, uninsured adults and children. Other free services: health screenings, immunizations, vision and dental clinics. Call for walk-in hours.

New Heights Clinic.....360-694-0355

Free medical services. Call for appointment.

Battle Ground HealthCare.....360-687-8941

11117 NE 189th Street, Suite 216, Battle Ground

Free primary care for uninsured adults ages 18 to 65 whose income is 200 percent or less of the FPL.

Currently open on Tuesday nights only.

Sea Mar Community Health Center

7410 Delaware Lane360-566-4402
1601 E Fourth Plain Blvd.....360-852-9070
Full medical care for adults and children. Payment options: Medicaid, Medicare or fee based on income. Call for appointment.

Woodland Comm. Health Center....1-360-225-4310

Full medical care for adults and children. Payment options: Medicaid, Medicare or fee based on income.

Columbia Asthma and Allergy Clinic....360-834-6700

Specialty services for adults and children. Payment plans available. Call for appointment.

Clinica de Salud Familiar.....360-576-4140

Primary and Urgent Care. \$60.00 cash payment. Call for more information.

Zoom Care.....503-684-8252

Primary and urgent care at multiple Portland locations. Fees based on services. Call or visit www.zoomcare.com for an appointment.

MEDICATIONS

Free Clinic of Southwest Washington..360-313-1390
RX Assistance Program.....360-735-3686
Needy Meds.....www.needy meds.com
Clark County Prescription Discount Card.....360-397-8214 or <https://naco.advancerx.com>
Washington Prescription Drug Program.....1-800-913-4146

PARENTING SKILLS

Caring Connections—Nurturing Parenting (Sat.)..882-3606
Children’s Center.....699-2244
Children’s Home Society.....695-1325 x 4221
Clark College.....992-2000
ESD 112 (Parents as Teachers Program).....750-7500
Evergreen Community Education.....604-4082
Girls & Boys Town Nat. 24hr Parenting Hotline....800-448-3000
Parenting Program –EOC of Clark County.....896-9912

PLAY PARKS (Indoors)

BG Indoor Play Park.....687-7767
Family Circle Time.....992-0205
Firstenberg Comm Cntr.....487-7001
Harvest Comm Church.....833-8224
Noah’s Ark.....694-3363

VISION

COMM. HEALTH PLAN OF WA.....800-440-1561
CUP.....800-315-7862
CUP Behavioral Health.....360-449-8944
MOLINA.....800-869-7165
Healthy Options..... 800-562-3022

SEXUALLY TRANSMITTED DISEASE

The following agencies offer confidential STD, HIV testing, treatment and counseling, and related services. Payment options: Fee based on income, Medicaid, insurance, some set low cost fees, and some are FREE.

Sea Mar Community Health Center.....360-566-4402 or 360-852-9070 Call for appointment.

Cascade AIDS Project.....360-750-7964

No cost HIV and STD Testing for Gay/Bi/Trans men. Call for walk-in hours.

SUPPORT

Baby Blues Connection(SWWMC).....735-5571
Body Image & Eating Disorders.....546-9506
Brief Encounters (pregnancy/infant loss).....503-699-8006
CVAB Warm Line.....750-2012
Hospice (pregnancy/infant loss).....696-5100
Compassionate Friends (*loss of child*).....892-1219
Div. Developmental Disabilities.....750-4250
Family Help Line.....800-932-HOPE
Friends for Teens (YWCA).....696-0167
MOMS—New Heights Church..882-1581 or 834-1037
MOMS Club.....604-0135
MOPS—City Harvest Church.....546-1000
Neighbor2Neighbor.....818-4330
Parent 2 Parent (children with disabilities)..823-2236
Parent Trust Help Line.....800-932-HOPE(4673)
Pregnancy Partners.....397-8254
Postpartum Support International.....800-944-4773
SeaMar Maternity Support Services.....852-9092
TeenTalk.....397-2428

TRANSPORTATION

C Tran.....695-0123
Employment Transportation.....258-2103
Medicaid Transportation.....694-9997
Toll free.....800-752-9422
RSVP.....694-6577
The Carpenter’s Garage.....882-7755

URGENT CARE

The following resources offer urgent medical care. Some have discounts for payment up front, some have payment plans. Call for information.

SWMC – Memorial Urgency.....360-696-5232
3400 Main Street, Vancouver 24-hour walk-in

Urgent Care at Salmon Creek.....360-566-4700
1319 NE 134th St., Suite 107, Vancouver

Providence Medical Group360-666-8418
1706 W. Main St., Battle Ground

Lacamas Medical Group360-838-2440
3240 NE 3rd Ave., Camas

UTILITIES

Clark Public Utilities.....992-3000
Energy Assistance Program (Mon-Fri 9AM).....866-861-6354
WA Phone Asst. Program.....888-333-9882
SafeLink Wireless.....800-977-3768

VISION

Free Clinic of Southwest Washington..360-313-1390
Vision U.S.A. www.aoa.org.....1-800-766-4466
Lions Sight Committee of Clark360-571-7622
Vancouver Vision Clinic.....360-694-8303
or 360-834-4802
www.zennioptical.com.....1-800-211-2105
Infant SEE eye exams.....888-396-3837
State Vision Clinic.....693-2300
Vancouver Eye Care
 Main St.....696-4691
 87th Ave.....256-3937
 Salmon Creek.....823-2000

WOMEN'S HEALTH:

Woodland Comm. Health Center.....1-360-225-4310
Comm. Pregnancy Clinic of Camas/Washougal...360-834-2829
Breast and Cervical Health Program....360-514-1663
Or 1-800-992-1817- www.doh.wa.gov/wbchp
Option 360 Pregnancy Clinic (Clinics in Battle Ground, Vancouver & Orchard).....360-699-5433